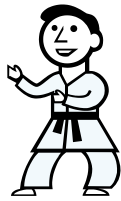


WADO-KI KARATE

Little Dragons: Ages 4-6
Karate: Ages 7-Adult



Little Dragons will provide your child with basic techniques and escapes while developing self-confidence, focus, attention span, discipline, coordination and flexibility.

The Youth Program, 6 to 15 years, places an emphasis on proper attitude, discipline, self-confidence, coordination, and flexibility. The physical aspect of the sport is a healthy activity that teaches readiness.

Adults, 16 years plus, places an emphasis on attitude, discipline, self-confidence, coordination and flexibility.

All students separated by rank. Uniforms and certification are available through the instructor for an additional fee.

7 WEEK SESSIONS

Dates: February 26 to April 16 [No class 3/26] or April 23 to June 4

Day: Tuesdays

Times: Little Dragons: 6pm to 6:45pm
Karate: 6pm to 6:45pm

Site: Schererville Community Center
500 Joliet Street, Schererville

Min/Max: UNLIMITED

Session fees: \$45 St. John Residents
\$49 non-residents

PLAYSCHOOL FOR GUARDIAN & CHILD

Mom, Dad, Grandparent, or adult sitter can come and interact with our new Playschool program. The class will be filled with play time, arts and crafts, stories, and music. These fun and interactive activities are to help children learn to share and listen. Colors, numbers and the alphabet are introduced. Above all, you and your child can spend time together and enjoy an hour of happy times for both of you. All materials will be provided. 6 weeks

AGES: 2 to 4 years with Adult

DATES: February 20 to April 10 [No class 3/6, 27] or April 17 to May 22

DAY: Wednesdays

SITE: Park & Recreation Office
9350 Hack St. Bldg. 2

TIMES: 8:30am to 9:30am or
9:45 am to 10:45 am

MIN/MAX: 4/10

SESSION FEE: \$20 St. John residents
\$22 non-residents



15TH ANNUAL EASTER EGG HUNT

LAKE HILLS PARK

Saturday, April 13

10am check in—10:30am Hunt

St. John Residents ONLY!

Fee: NONE Deadline: April 6

MAXIMUM PARTICIPANTS: 400

Boys and girls ages 2 through 8 can participate in the hunt for Easter Eggs filled with candy, goodies and prizes. **Pre-registration is REQUIRED** and is taken at the Town Clerk Treasurer's office during regular office hours, along with proof of residency for the event.

NO REGISTRATION WILL BE TAKEN THE DAY OF THE EVENT! Please allow enough time to check in before the hunt begins.



EASTER BASKET SPONSORS NEEDED!

*You, your business or organization can sponsor prize Easter Baskets for this year's hunt. Your **MONETARY donation of \$10 per basket** will be greatly appreciated. Checks should be made payable to: Town of St. John. Send to: Basket Sponsor, St. John Parks and Recreation, 9350 Hack Street, Bldg. #2, St. John, Indiana 46373*

Deadline: April 6

St. John Chamber of Commerce

"Breakfast with the Bunny"

Held Saturday, April 13 beginning at 8:30am. Ticket information: call the St. John Chamber at 219-365-4686. Space is limited.

WIGGLEY FIELD DOG PARK 2019

REGISTRATION IS NOW OPEN!

LOOK TO WEBSITE FOR REGISTRATION, RULES AND INFORMATION OR CALL THE CLERK'S OFFICE AT 365-4800 EX. 4

COOPERATIVE SPECIAL RECREATION INITIATIVE

St. John, along with 13 other agencies, is a member of CSRI providing activities for special needs residents.

Join us for one or all of the upcoming CSRI special events:
(\$=fee and pre-registration required)*

SWEETHEART DANCE: Saturday, February 2: 11am to 1pm; Turkey Creek Golf Course Banquet Hall, 6400 Harrison St. Merrillville: \$5* Call: Lake County Parks: 219-945-0543

WINTER SWIM PROGRAM Sunday, February 3 to February 24: 1:10pm to 1:40pm; Munster HS
Additional session March 3 to March 24 Call Munster Parks and Recreation: 219-836-7275 for details

CSRI INDOOR CARNIVAL AND VENDOR EXPO Sunday, February 3; 1 pm to 3pm; Highland Parks and Recreation: Call: 219 838-0114 Free

WED. BASKETBALL PROGRAM: March 6 to May 22 at Eads School Door C: 6:15pm to 7:15pm: Call: Munster Parks: 219-836-7275.

BINGO NIGHT at Plum Creek Center: Friday, April 5; 5:45pm to 6:45pm. \$5per person Dyer Parks and Recreation, Call: 219-865-2505

EGG HUNT: Saturday, April 13 [rain April 14]: 8:30am check-in, Shelter- Community Park: Advanced registration required. Call: Munster Parks 219-836-7275.

EASSTER EGG HUNT at Liberty Park: Saturday, April 13, 10am. Lowell Parks and Recreation; Call: 219-696-1570

HEALTH KIDS DAY: Saturday, April 27: 9am to Noon. Fun activities, games and health and safety vendors. Whiting YMCA Call: 219-370-5091 Free.

Additional programs and information about CSRI are provided on our website www.stjohnin.com or call: 219-365-6236 for more details. Like CSRI on Facebook

Special Note: St. John Baseball and softball registration and league information are not part of the St. John Parks and Recreation Programs. Please look to our website for links



TOWN OF
ST. JOHN

2019 SPRING

PARKS AND RECREATION PROGRAM GUIDE

REGISTRATION INFORMATION

Registration for all programs (unless listed) is at the Town Hall Office at 10955 W. 93rd Avenue during regular office hours. Monday – Friday; 8am to 4pm. Checks can be made payable to: **Town of St. John**. Registration forms can be downloaded from website; mail in or drop in night boxes.

Sorry...No credit cards.

SPECIAL NOTES:

IDENTIFICATION: Some programs require proof of residency.

PHOTO POLICY: Photos are often taken at events and programs for publicity. You must accept this possibility.

MINIMUM PARTICIPATION is required for each program. Those programs not meeting these minimums will be canceled.

LIABILITY WAIVERS are included on the registration form. These must be signed to attend a program.

NO REFUNDS

CONTACT INFORMATION

St. John Parks and Recreation Department

9350 Hack Street Bldg. #2

St. John, Indiana 46373

Voice: 219-365-6236

Fax: 219-558-2032

Web Site: www.stjohnin.com

Office Hours: 7:30am to 3pm

*Chip Sobek, Superintendent
Parks and Recreation.*

Email: csobek@stjohnin.com

YOGA-YOGA-YOGA Adult Yoga Classes

All Yoga for Adults ages 16 and older held at the recreation office 9350 Hack St.

6 WEEK SESSIONS FEES: ALL CLASSES:

St. John Resident: \$48

Non-resident: Add \$5

Bring a mat, towel and water



VINYASA YOGA

Certified instructor Lisa Knott

All levels for winter practice of Yin and Restorative Yoga to Flow and Let Go will stretch you out, create space in the body and leave you feeling blissfully awake. Warm up, to get the heart pumping and the blood moving. Play, explore and create, then stretch out and slip into a long, relaxing Savasana. You will reawaken with a fresh outlook, mind, body and spirit.

2 SEPARATE NIGHTS

DAYS: Mondays February 18 to March 25 or April 1 to May 6
DATES: Wednesdays February 20 to March 27 April 3 to May 8
TIMES: 5:30pm to 6:30pm
MIN/MAX: 5/15

NOTE: \$6 OFF: SIGN UP BOTH DAYS



CPR CLASSES

Classes offered through the American

Heart Association on the 2nd Saturday of each month. Time: 8 am to Noon at the St John Public Safety Bldg. Fee: \$20 donation payable to:

To register for a class or additional information visit the Town of St. John

Website: www.stjohnin.com

St. John Volunteer Fire Department

GENTLE YOGA

*Advanced Certified and Adaptive Yoga Specialist
Tracy Caracciolo*

Reduce pain, increase mobility and relax strained muscles with this slower paced yoga class designed for all body types, abilities and ages. Practice modified and supported yoga poses with a focus on body awareness, improved posture and better balance. Learn how to bring yoga into your daily life with short, easy and effective movements practiced in between classes for greater results. Got questions? Call Tracy at 815-354-5552.

DATES: March 19 to April 23
May 7 to June 11
DAY: Tuesdays
TIME: 7:15pm to 8:30pm
MIN/MAX: 5/10

BABYSITTING CLASS

Learn proper skills of childcare, gain self-confidence, and learn basic first aid, how to handle phones, deal with emergencies, and stay safe when babysitting. Be more responsible for those you care for. Materials are provided for future reference. This popular class is for boys and girls in charge of younger children.

AGES: 9 to 14 years
DATES: March 29
DAYS: Friday
SITE: Park & Recreation Office
9350 Hack Street, Bldg. #2
[Back building]
TIME: 8:00 am to Noon

Bring a snack, drink or lunch for break.

MIN/MAX: 8/20
FEE: \$12 St. John residents
\$15 non-residents

CO-ED SUMMER RECREATION SAND VOLLEYBALL REGISTRATION

*Leagues are formed by grade of
2019-2020 school year.*

Grade categories are:

Group A- 5th to 8th grades

Group B- High School

Schedules and teams will be determined by enrollment.



Teams will play two evenings a week (Wednesdays and Sundays), Season June-July

FEE: \$55 St. John Resident

\$60 Non-resident

Each additional child same family \$20 off

VOLUNTEERS ARE NEEDED TO COACH THE TEAMS.

PLEASE VOLUNTEER!

Register NOW for this year's summer volleyball league:

- via mail by downloading the two registration forms from our town website: www.stjohnin.com;
- or in person at the Town Hall Office during regular office hours;

Registration must be completed by May 4th.

NO LATE REGISTRATION WILL BE ACCEPTED!

Call: 219-365-6236 for information.

NFL FLAG SPRING



FOOTBALL IN ST. JOHN!

The St. John Parks and Recreation Department has teamed up with NFL Flag Football to join Indiana's largest flag football program. Teams are for Ages 4 to 14, coaches are screened and trained, and participants receive awards at the end of the season. All games played at Lake Central High School here in St. John. Registration is now being taken online; deadline is Monday, February 18, 2019. Spring season games begin Sunday, April 14. Fee includes NFL Jersey and flags. See enclosed flyer for details. For questions, information and registration, call 1-317-759-2691 or online at: www.NationalFlagFootball.com

SIX FLAGS GREAT AMERICA TICKETS

TICKETS WILL AGAIN BE SOLD AT DISCOUNTED PRICES SAVING YOU OVER \$25 OFF GATE PRICE BEGINNING IN APRIL. GET YOUR TICKETS AT THE TOWN HALL CLERK'S OFFICE!

Great graduation gifts, for after prom get togethers or family fun. Tickets are good all season.



Soccer for children ages 2-8

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum and communication.

8 weeks

DATES: Week of April 2 to May 25

DAY & TIMES: Tuesday evening or

Saturday Mornings

Check website for times and age groups

SITE: Heartland Park

AGES: 2 to 8 years

MIN/MAX: 5/12

FEE: \$100 + \$20 annual registration

YOU MUST REGISTER ONLINE ONLY AT:

www.soccershots.org/northwestindiana

SUMMER JOB OPPORTUNITIES

The St. John Recreation is looking for Day Camp, Sport Camp Counselors and a Youth Tennis Instructor for this summer's programs. You must be at least 16 years old, responsible and available Monday through Thursday mornings in June and July. If interested, contact Chip Sobek at the Recreation office at 365-6236.